

# Curriculum Vitae

Dr. Marije van Dalen

## Personal details

---

Name: Marije van Dalen  
Position: Postdoctoral researcher  
Affiliation: Department of Paediatric Gastroenterology & Department of Child and Adolescent Psychiatry/Psychology, Erasmus MC Sophia Children's Hospital  
Nationality: Dutch  
Website: [www.marijevandalen.com](http://www.marijevandalen.com)

## Publications

Zucchelli, F.\*, **van Dalen, M.\***, Sharratt, N., Johnson, A. & Chambers, J. (Preprint). Patients' Experiences of Primary Healthcare and Dermatology Provision for Alopecia. <https://doi.org/10.31234/osf.io/ru3km>

\* Joint first authorship

Zucchelli, F., **van Dalen, M.**, Bhatia, R., White, P., Hamlet, C., & Harcourt, D. (2023). Do congenital and acquired causes of visible difference predict distinct appearance-related psychosocial outcomes? *Body Image*, 45, 355-361. <https://doi.org/10.1016/j.bodyim.2023.03.016>

**Van Dalen, M.**, Pasmans, S.G.M.A., Aendekerk, E.W.C., Mathijssen, I.M.J., Koudstaal, M.J., Williamson, H., Hillegers, M.H.J., Utens, E.M.W.J. & Okkerse, J.M.E. (2022). Acceptability and feasibility of an online psychosocial intervention for adolescents with a visible difference: a mixed-method study. *Body Image*, 41, 298-307. doi: 10.1016/j.bodyim.2022.03.003

Zelihić, D., **van Dalen, M.**, Kling, J., Pripp, A.H., Nordgreen, T., Kvalem, I.L., Pasmans, S.G.M.A., Mathijssen, I.M.J., Koudstaal, M.J., Hillegers, M.H.J., Williamson, H., Utens, E.M.W.J., Feragen, K.B. & Okkerse, J.M.E. (2022). Reducing social anxiety in adolescents distressed by a visible difference: Results from a randomised control trial of a web-based intervention. *Body Image*, 40, 295-309. doi: 10.1016/j.bodyim.2022.01.008

**Van Dalen, M.**, Pasmans, S.G.M.A., Aendekerk, E.W.C., Mathijssen, I.M.J., Koudstaal, M.J., Williamson, H., Hillegers, M.H.J., Utens, E.M.W.J. & Okkerse, J.M.E. (2021). Acceptability and feasibility of an online psychosocial intervention for adolescents with a visible difference: a mixed-method study. Preprint. doi: 10.31234/osf.io/fbj9g

**Van Dalen, M.**, Leemreis, W. Kraaij, V., de Laat, P.C.J., Pasmans, S.G.M.A., Versnel, S.L., Koudstaal, M.J., Hillegers, M.H.J., Utens, E.M.W.J. & Okkerse, J.M.E. (2021). Parenting children with a cleft lip with or without cleft palate or a visible infantile haemangioma: a cross-sectional study of distress and parenting stress. *The Cleft Palate-Craniofacial Journal*. doi: 10.1177/1055665621993298

**Van Dalen, M.**, Pasmans, S.G.M.A., Aendekerk, E.W.C., Mathijssen, I.M.J., Koudstaal, M.J., Timman, R., Williamson, H., Hillegers, M.H.J., Utens, E.M.W.J. & Okkerse, J.M.E. (2021). Investigating online psychological treatment for adolescents with a visible difference in the Dutch YP Face IT study: protocol of a randomised controlled trial. *BMJ Open*, 11. doi: 10.1136/bmjopen-2020-041449

**Van Dalen, M.**, Dierckx, B., Pasmans, S.G.M.A., Aendekerk, E.W.C., Mathijssen, I.M.J., Koudstaal, M.J., Timman, R., Williamson, H., Hillegers, M.H.J., Utens, E.M.W.J. & Okkerse, J.M.E. (2020). Anxiety and depression in adolescents with a visible difference: A systematic review and meta-analysis. *Body Image*, 33, 38-46. doi: 10.1016/j.bodyim.2020.02.006

Kennis, M., Gerritsen, L., **van Dalen, M.**, Williams, A., Cuijpers, P. & Bockting, C. (2019). Prospective biomarkers of major depressive disorder: A systematic review and meta-analysis. *Molecular Psychiatry*, 25, 321-338. doi: 10.1038/s41380-019-0585-z

Utens, E., Stapersma, L., van der Mheen, M., **van Dalen, M.** & Dessens, A. (2019). Depressie en angst bij kinderen en jongeren met een lichamelijke aandoening: screening en behandeling. *Kinder- & Jeugdpsychotherapie*, 46(1).

Kennis, M., Gerritsen, L., **van Dalen, M.**, Williams, A., Cuijpers, P., & Bockting, C. (2018). T149. Do We Have Evidence for Predictive Biomarkers for Major Depressive Disorder? A Meta-Analysis and Systematic Review of Prospective Studies. *Biological Psychiatry*, 83(9), S186. doi: 10.1016/j.biopsych.2018.02.486

## Funding

|                |   |
|----------------|---|
| March 2022:    | €8.000,-<br>Dutch Alopecia Association<br>Grant to create a systematic review of psychosocial outcomes in alopecia areata |
| November 2019: | €7.500,-<br>Nationale Jeugdhulprijzen<br>Audience award for Face IT voor jongeren   |
| June 2019:     | €5.000,-<br>Prins Bernhard Cultuurfondsbeurs<br>Personal travel grant   |
| April 2019:    | €10.000,-<br>Sophia Stichtingen for Face IT voor jongeren.<br>Co-author, main author: Dr. Jolanda Okkerse                 |

## Talks and presentations

- 11-05-2023: Science pitch/quiz  
Premiere documentary 'Niet alleen op de wereld' (Not alone in this world)
- 29-10-2023: Ledendag CMTC-OVM  
Effects of visible differences on mental well-being of patients and parents
- 08-10-2022: Ledendag Nevus Netwerk Nederland  
Effects of visible differences on mental well-being of patients and parents
- 21-06-2022: Oral Presentation  
ESCAP Conference  
An online psychological intervention for adolescents with a visible difference: Acceptability, feasibility and effectiveness of YP Face IT
- 04-06-2022: HEVAS ontmoetingsdag  
HEVAS  
Effects of visible differences on mental well-being of patients and parents
- 17-11-2021: Presentation  
Spanish Cleft Society  
What can a psychologist add to the cleft team?
- 14-07-2021: Oral Presentation  
Appearance Matters 9 (conference)
- 31-05-2021: Research meeting  
Psychosocial care, department of Child and Adolescent Psychiatry/Psychology, Erasmus MC Sophia Children's Hospital  
Talk on Face IT voor jongeren
- 04-05-2021: Research meeting  
Department of Paediatrics, Erasmus MC Sophia Children's Hospital  
Presentation on qualitative research methods
- 22-04-2021: Slam Session  
Sophia Research Days  
Oral presentation on parenting stress in parents of children with a visible difference
- 15-03-2021: Referaat  
Levvel/Amsterdam UMC  
Face IT voor jongeren en de effectiviteit daarvan

- 26-10-2019: Wereld Psoriasisdag  
Psoriasispatiënten Nederland  
Talk for patients focusing on psychological effects of visible differences and Face IT voor jongeren
- 28-09-2019: RTL nieuws  
News item about Face IT voor jongeren
- 27-09-2019: PhD weekend  
Department of Dermatology, Erasmus MC  
Talk for dermatologists on psychosocial effects of living with a visible difference
- 22-06-2019: Member's day for children and parents  
Alopecia Vereniging  
Talk for parents focusing on psychological effects of visible differences and Face IT voor jongeren
- 13-04-2019: Alopecia congres  
Alopecia vereniging  
Talk for patients focusing on psychological effects of visible differences and Face IT voor jongeren
- 27-11-2018: Psychosociale zorg voor mensen met brandwonden: Een ontmoeting tussen onderzoek en praktijk.  
Nederlandse Brandwonden Stichting en VSBN  
Talk for professionals on psychosocial effects of living with a visible difference
- 20-10-2018: HEVAS ontmoetingsdag  
HEVAS  
Talk for patients focusing on psychological effects of visible differences and Face IT voor jongeren
- 20-09-2018: European Pediatric Psychology Conference, Gent  
Poster presentation
- 24-03-2018: NNN information day  
Nevus Netwerk Nederland  
Talk for patients focusing on psychological effects of visible differences and Face IT voor jongeren

## Research supervision

*Masters theses:* 6 master theses by students in medicine, psychology or health sciences

*Bachelor theses:* 6 bachelor students from the psychology bachelor

*Internship supervision:* 14 internships for students in medicine, psychology, pedagogical sciences or life sciences

## Other scientific activities

October 2022 – : Medical advisor for NNN (Dutch patient association)

August 2019 – January 2020: PR representative for organising the Sophia Research Day

June 2018 – January 2020: Chair of Research Work Meetings, department of Child and Adolescent Psychiatry/Psychology, Erasmus MC Sophia Children's Hospital

## Work experience

2022 - : Postdoctoral researcher, *Department of Child and Adolescent Psychiatry/Psychology, Erasmus MC Sophia Children's Hospital*  
RCT on the Grow It! app. This app helps to improve coping in young people with a chronic health condition and uses ESM measures during 4 weeks.

2022 - : Postdoctoral researcher, *Department of Paediatric Gastroenterology, Erasmus MC Sophia Childrens Hospital*  
Implementing & testing PROMs for patients with inflammatory bowel disease. Creating a systematic review & meta-analysis for psychosocial outcomes of patients with alopecia areata

2021: Visiting Scholar, *Centre for Appearance Research, University of the West of England*

2021 - 2022: Research Psychologist, *Levvel/Amsterdam UMC*  
Recruitment and data collection for the TIC Genetics study.  
[www.tic-genetics.org](http://www.tic-genetics.org)

2017 - 2022 : PhD student, *Department of Child and Adolescent Psychiatry/Psychology, Erasmus MC Sophia Children's Hospital*  
Face IT voor jongeren: online program for adolescents with a visible difference

www.faceitvoorjongeren.nl

- January - May 2017: Research/Educational employee, *Faculty of Social Sciences, Utrecht University*  
Evaluation and knowledge dissemination on internationalising the Clinical Psychology master's
- 2016 - 2017: Flex worker, *'s Heeren Loo zorggroep*  
Taking care of clients with a mild to severe developmental disability along with behavioural problems
- 2015 - 2016: Tutor, *Erasmus School of Social and Behavioural Sciences, Erasmus University Rotterdam*  
Supervising study groups for bachelor's and master's student.  
Supervising practicals. Worked in bachelor psychology and master's Clinical Child and Adolescent Psychology and Orthopedagogiek educationalist or remedial educationalist )
- January - September 2015: Research Assistant, *Rotterdam School of Management, Erasmus University Rotterdam*  
Assessing van CEO's personalities with a Q-sort method
- 2014 - 2015: Student assistant, *Erasmus School of Social and Behavioural Sciences, Erasmus University*  
Supervising SPSS practicals, grading statistical assignments

## Education

- 2017 – 2022: *Erasmus University Rotterdam*  
PhD in Paediatric Psychology
- 2014 - 2016: *Erasmus University Rotterdam*  
Master Clinical Child and Adolescent Psychology  
Thesis: Emotion regulation in the family context: testing the tripartite model of the impact of the family on children's emotion regulation and adjustment  
Grade thesis: 9/10; thesis defense 8.2/10
- 2014 - 2016: *Erasmus University Rotterdam*  
Advanced Research Program  
Research into the relation between parenting qualities, parenting styles and child emotion dysregulation.
- 2011 - 2014: *Erasmus University Rotterdam*  
Bachelor Psychology, specialisation clinical psychology  
Thesis: The relation between vulnerability factors, drinking motivation and alcohol and tobacco use amongst adolescents.

2012 - 2013: *Erasmus University Rotterdam*  
Research Trainee  
Research into the general factor of personality

September -  
December 2013: *Glasgow Caledonian University*, international exchange  
Semester abroad

2009 - 2011: *Grotius College*  
International Baccalaureate English